



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



August 2021

CASS & BASS Field Employees

IMPORTANT TIMECARD NOTICE

As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. Please e-mail no later than 8am Monday morning.

If you have vacation/travel plans that require time off from work, be sure to notify us as soon as possible once you have requested the time off from the Client. The earlier we know, the better we (and our Clients) will be able to prepare for your absence. Thank you!

Congratulations to the following Field Employees who went permanent in July.

Erik Moulton
Austin Roderick
Justice Smith
Jeremy White
Teresa Sprague

Thank you for all your hard work!

HOT JOBS!

If you know of other great people like yourself who are seeking new positions, please refer them to CASS & BASS.

Augusta Area:

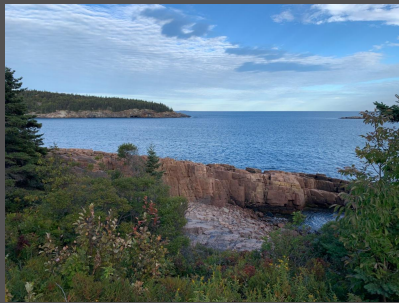
- Accountant
- Accounting Assistant
- Accounts Receivable Coordinator
- Credit Director
- PT Bookkeeper, Rockport
- Payroll Specialist, Auburn
- Tax/Accounting Clerk, Auburn
- Central Scheduler, Farmingdale, ME
- Human Resources Assistant
- Insurance Claims Asst.
- Receptionist
- Receptionist, Auburn, ME
- Truck Tire Service Tech, Waterville, ME
- Food & Nutrition Program Coordinator, Belfast

Outdoor Trust

Poet: Norman T.
Schlechter

Trees seem to
speak on windy
days.

Sometimes I think they say,
"Though shadows ever come round
us. We look up and away."
"We love the stars and the beaming
sky;
We never look below;
We trust in heaven to send us rain
And sun enough to grow."



Get Outside in August!

August is the last full month of Summer, which means it's the perfect time to get out and enjoy. There are many things to get out and enjoy!

Visit <https://www.alltrails.com/us/maine> for the **Best Hiking Trails in Maine.** Like Ocean Path Trail in Acadia National Park; rated easy.

State and Agricultural Fairs

August also means fair season is in full swing in Maine. A favorite is the Skowhegan Fair; fair dates August 11 - 20 with a great midway, rides, animals, harness horse racing and of course cotton candy!!
<https://www.maineairs.org/>.

And Don't Forget the Beaches!!

Reid State Park, Sand Beach, Old Orchard Beach to name a few and all the beautiful lakes in Maine to discover. Get started by visiting:
<https://www.visitmaine.net/maine->

- IT Tech, Augusta
- Legal Secretary, Augusta, ME
- Packer/Inspector, Wilton, ME
- Dispatcher : Belfast, Rockland, or Bath
- Distribution Assoc./Forklift Operator, Wilton

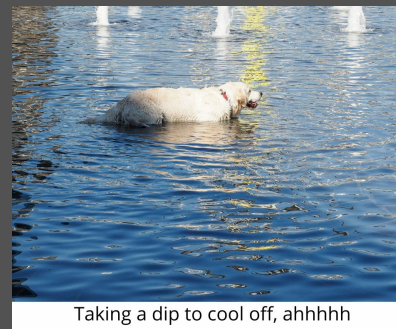
Bangor Area:

- Accounting Clerk/Administrative Assistant
- Staff Accountant
- Front Office Administrative Assistant
- Human Resources Generalist, Hampden
- Medical Receptionist
- Optometric Technician
- Receptionist / Front Desk PT, Holden
- Inside Counter Parts Sales
- Building / Renovation Estimator & Project Manager , Hampden
- Property Maintenance Position
- Optometric Technician
- Carpenter
- Janitorial
- Production Associate, Trenton
- Restoration Cleaners

All job postings can always
be found on

[CapitalAreaStaffing.com](https://www.capitalareastaffing.com) or
[BangorAreaStaffing.com](https://www.bangorareastaffing.com)

<https://www.capitalareastaffing.com/Jobs/All/>



Taking a dip to cool off, ahhhhh

August Dates & Fun Facts

- Aug. 1-7: International Clown Week
- August 6 - International Beer Day
- August 10 - National

beaches/

HAVE FUN!!!



Grilled Peach, Prosciutto and Mozzarella Sandwich

By PureWow Editors

One of the greatest joys in life? Taking the first bite of a chewy, too-big-for-your-face sandwich. Get peach and prosciutto involved, and this sweet, salty and savory "sammy" will quickly become your new favorite lunch.

INGREDIENTS

- 1 serving
- 2 slices sourdough bread
- 1 tablespoon extra-virgin olive oil
- 1 peach, thinly sliced
- 4 slices prosciutto
- 2 slices fresh mozzarella
- 1 teaspoon chopped fresh rosemary

INSTRUCTIONS

1. Brush the outside of the sourdough bread with the olive oil.
2. Place 1 piece of bread, oil side down, in a medium skillet over medium-high heat.
3. Layer half of the peach slices, prosciutto, mozzarella and rosemary onto the bread, then top with the second slice of bread (oil side up this time).
4. Cook until the bread is toasty and the cheese is melty, about 5 minutes per side.

S'mores Day

- Aug. 13: International Left-Handers Day
- Aug. 28: National Bow Tie Day
- August 31 - National Eat Outside Day

Monthly Observances

- ~Family Fun Month
- ~National Water Quality Month
- ~National Wellness Month
- ~Maine Lobster Month

August's full Moon, called the Sturgeon Moon, peaks on Thursday, August 11th.

August's birth flowers are the gladiolus and the poppy. The gladiolus symbolizes strength of character, sincerity, and generosity. The poppy symbolizes eternal sleep, oblivion, and also imagination.



Capital Area Staffing Solutions
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~Your Staffing Partners~



