



**CASS**  
Capital Area Staffing Solutions

**BASS**  
Bangor Area Staffing Solutions

**JUNE 2016**

**Permanent Hires**



**CONGRATULATIONS**

to the following Field Employees who have been hired permanently at our Client Companies!

- Jeffrey Linscott
- Kellie Moumouris
- Mark Gilman
- Laura Cannon

**Thank you all for representing us so well!**

**Hot Jobs!!!**

Ask us about the following jobs we have available!!!

**Augusta Area:**

- Customer Service Representative
- Data Entry Operator
- Administrative Asst. - Insurance
- Project Coordinator/Assistant

**IMPORTANT NOTICES!!!**

**Please remember to submit your time card to us no later than Friday afternoon, unless you are working a weekend shift. In that case, please fax / E-mail no later than 8am Monday morning.**

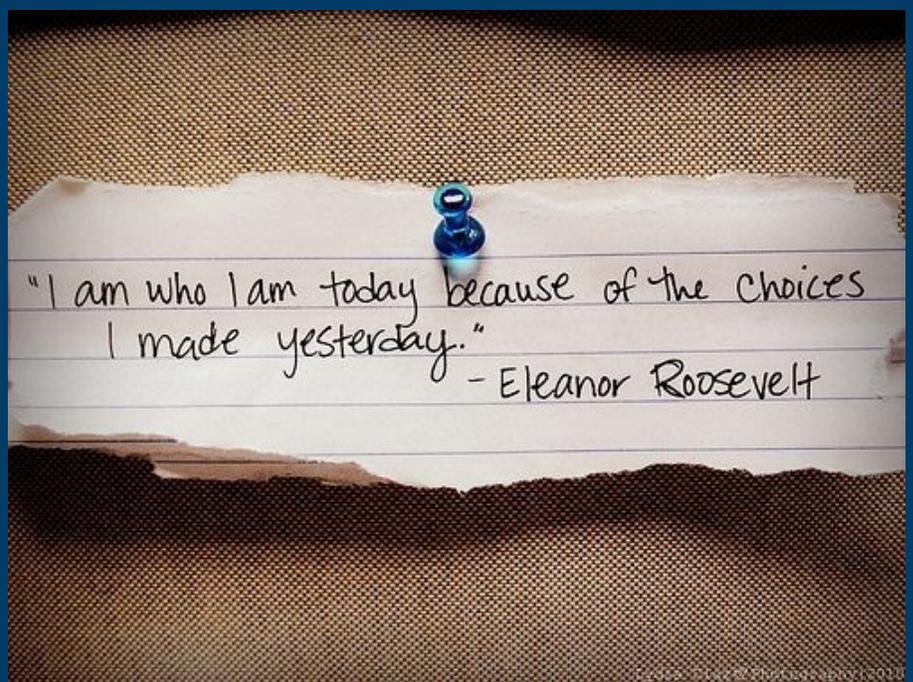


Reception/Accounts Payable  
Payroll Representative  
Administrative Assistant  
Staff Accountant  
Cast Members Wanted!  
PT Admin. Assistant (Legal)  
Teller/Member Service Rep.  
Customer Service Rep -  
Insurance  
Office Assistant  
Production Operator - 2nd & 3rd  
shifts

### **Bangor Area:**

Human Resources Assistant  
Scheduler - FT Dental Office  
Front Desk Medical - Part-time  
Earn Extra \$ Cleaning  
Full-time Wireless Retail Sales  
Wireless Retail Sales - Part-time  
Web Designer/Developer  
Reception - Admin Position!  
Administrative - Accounting Clerk  
Bookkeeper/Legal Billing Clerk  
Associate Attorney  
Forklift Operator  
Landscape/Yard Maintenance  
Electronic Assembler -  
Manufacturing  
Evening Cleaning Positions!  
Small Engine Repair - Marine  
Mechanic  
Tire Technician - Full-time with  
Benefits!

Please remember to visit  
**CapitalAreaStaffing.com** or  
**BangorAreaStaffing.com** each  
week for all of our  
**HOT JOBS.**



## **CAREER ADVISOR**

By Loring Careers

When you are not obtaining the results you had envisioned in your job search, it is easy to begin the blame game. You can blame the economy, the job market, politics, the black hole of job boards and website postings, lack of communication or other reasons.

You can't control the economy, hiring authorities, the job market or what others do. However, you have 100% control over how you choose to react and often the best choice is NOT TO REACT at all. It's empowering to choose not to react to things that happen. No one can make you upset, unhappy, or sad unless you give them permission, and why would you?

You need to set minimum standards every day to keep your job search on track. Your full time job is your job search.

## **The 6 Things You Are Doing Wrong in Your Job Search**

By Kathryn Sollmann

1. **Cover the waterfront.** In a difficult job market, you can't limit yourself to the top 10 or 20 "ideal companies" on your wish list. Reach for your ideals, but also consider tier two and three companies that are in your areas of interest. Companies of all shapes and sizes offer resume-worthy experience - and paychecks.



## FUN FACTS FOR JUNE

### JUNE IS:

National Rose Month  
National Dairy Month  
African American Music Month  
National Ice Tea Month

Birth Flower - Rose  
Birthstone - Pearl

June 14 - Flag Day  
June 19 - Father's Day  
June 20 - Summer Solstice

"You can never cross the ocean  
unless you have the courage to lose  
sight of the shore."

- Andre Gide



## Cheesesteak Sliders

### Ingredients

7 tablespoons extra-virgin olive oil

1 pound beef tenderloin, cut into  
thin strips

Salt and pepper

2 large bell peppers, cut into thin  
strips

2. **Don't die on the vine waiting for a "response"**. Even in the best economic environment job seekers wait and wait and wait while they hear radio silence from companies that have their resumes in hand. Hiring managers are busy and distracted. One follow-up call won't do the trick. And pursuing only one contact at a company is futile. Through LinkedIn, personal connections, friends who work for the company and your alumni network find as many contacts as possible who can rustle up some action and get you an interview.

3. **Stop hibernating in the Internet "black hole"**. Recognize that many jobs are never advertised and online job boards can be wastelands of old, spoken for or undesirable jobs. In the Business Week article, the job-seeking temporary waitress talked about watching job postings on her alumni web site. The jobs listed on most alumni websites are few and far between. She's probably checking job postings on a lot of other websites, too. Don't make her mistake: you'll find a job through real people, not computers.

4. **Consider options other than a permanent full-time job**. Employers are guarding headcount and doling out fewer and fewer permanent, full-time jobs. One of the young women interviewed for the Business Week article said she will consider internships - and I say that's a good idea as long as they are paid. Too many companies are getting free labor while they hang a very small carrot off in the distance that may or may not turn into a paid job. Gravitate more to short or long-term freelance jobs (which are more plentiful as companies adjust to Obamacare) or intermittent project work - both available to job-seekers of any age.

5. **Remember that finding a job is a full-time job**. It makes total sense to get a less brain-consuming part-time job to pay the rent (even if it's far from your desired professional path), but you still have to put the required time into your job search. An hour here and there while you're catching up on "Breaking Bad" episodes will not get you to the promised land. Until you find the professional job that you want, embrace the fact that you'll have two jobs and you'll be working pretty much around the clock.

6. **Don't make job search failure a foregone conclusion**. Be an optimist, not a pessimist. Put blinders on to all the stereotypes about who can find a job when - particularly any intimations that you're too young or too old. You'll always find statistics that make your job search seem like a hopeless pursuit. Ignore the media hype and you're sure to beat any real or imagined odds.

2 onions, halved and thinly sliced  
16 dinner rolls, split

6 ounces provolone cheese,  
shredded (about 1 1/2 cups)

## Directions

Preheat the oven to 375 degrees .  
In a large skillet, heat 3  
tablespoons olive oil over medium-  
high heat until rippling. Season the  
beef with salt and pepper, increase  
the heat to high and cook in the  
skillet for 3 minutes; flip and cook  
for 2 minutes more. Transfer to a  
bowl.

In the same skillet, heat the  
remaining 1/4 cup olive oil over  
medium heat. Add the peppers and  
onions, season with salt and pepper  
and cook over medium high heat,  
stirring, until softened, about 8  
minutes.

Place the roll bottoms on a large  
rimmed baking sheet and top each  
with the beef and vegetables;  
sprinkle with the cheese. Bake until  
the cheese is melted, about 6  
minutes. Transfer to a platter and  
cover with the roll top.



Don't be like Grumpy Cat! :)

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