



CASS
Capital Area Staffing Solutions

BASS
Bangor Area Staffing Solutions

MARCH 2017

Permanent Hires



CONGRATULATIONS

to the following Field
Employees who have been
hired permanently at our
Client Companies!

Melanie Cummings

Erin Levy

Ross Merry

Lisa Anderson

Angie Stevens

Brooke Johnstone

Hope Tracy

Thank you for
representing us so
well!

IMPORTANT NOTICE!!!

Please remember to submit your time card to us no later than Friday afternoon, unless you are working a weekend shift. In that case, please fax / E-mail no later than 8am Monday morning.

Hot Jobs!!!

Ask us about the following jobs we have available!!!

Augusta Area:

- Janitorial/Cleaner
- Bookkeeping/Office Asst.
- Bookkeeper
- Order Selector
- Patient Accounts Coordinator
- Cook
- Cashier
- Paralegal
- Administrative Assistant – Finance
- Optometric Technician
- Staff Accountant
- Head Teller
- Front Desk
- PARALEGAL – Rockport

Bangor Area:

- Fertilizer/Weed Control Technician
- Administrative Assistant
- Administrative Assistant – PT
- Dental Assistant – 4 Day Work Week!
- Marketing Admin Assistant
- Medical Receptionist
- Web Designer/Developer – Make Websites Come Alive!
- Accounting Clerk

Please remember to visit
CapitalAreaStaffing.com or
BangorAreaStaffing.com each
week for all of our
HOT JOBS.



Career Advisor: Prepare and Plan Daily

You will conduct a much more successful job search if you are prepared and plan your calls at the end of each day. When you are in a job search, there are endless distractions, especially family members who are now comfortable putting demands on your time.

When you are in a job search, you are in sales - which is a numbers game. You must send out resumes daily, call on



FUN FACTS FOR MARCH

MARCH IS:

Women's History Month
American Red Cross Month
Fire Prevention Month

March 12 - Daylight Savings Time
March 17 - St. Patrick's Day
March 20 - First Day of Spring



Birth Flower - Daffodil
Birthstone - Aquamarine & Bloodstone

resumes you have submitted prior and do everything you can to schedule either an informational or job interview every day.

This is only possible, when you are focused and spend most of your time figuring out what you need to do, to schedule your next interview. You can submit 500 resumes a week, but if you schedule no interviews, you will not land your next job.

As you complete your plan, focus on the efforts that have the best chance of giving you results. Any action or contact that can lead to an interview is the best use of your time and should be at the top of your plan. If you are not planning for success, you are inadvertently planning for failure.



Four Ways to Celebrate St. Patrick's Day in the Office

By Tom Short

We here at Kudos love celebrating every holiday to reinforce our corporate culture and engage our team. Saint Patrick's Day is one of our favorites because it's free-spirited and you can get really creative with the theme! I

MAY YOUR troubles
BE LESS &
YOUR blessings
BE MORE
and
NOTHING BUT
happiness
TO COME
THROUGH YOUR DOOR.
-irish blessing

A light and delicious meal using seasonal spring ingredients! YUM!



Poppy Seed Chicken Pita

Ingredients

3 skin-on, bone-in chicken breasts (about 2 pounds)
Kosher Salt
1 large orange
1/2 cup mayonnaise
1/3 cup sour cream or low-fat Greek yogurt
1 tablespoon dijon mustard
1 stalk celery, chopped
1/2 cup chopped pecans, almonds or walnuts, toasted
1/4 cup chopped fresh chives
1 1/2 tablespoons poppy seeds

did a little research to find ideas that would work with our culture, and found so many that I thought it would be selfish not to pass them on. Listed below are four main ways to bring some Saint Patty's Day fun to your team or workplace.

Decor

- Take a trip to your local dollar store and get streamers, hats, signs, and anything else you can find in the seasonal section. Let the team pick a few items they want to use to decorate their desks and offices.
- Buy green props, such as glasses or necklaces, for everyone to wear; someone is sure to forget to wear something green!
- Decorate your main lobby area and break room; it's a great way to show visitors that your team enjoys working there. You can take a more subtle approach by replacing your regular decor items with green or Irish-themed items.

Music

- Find a radio station that streams traditional Irish folk music and play it in the office.
- Alternatively, create a cool playlist from your The Pogues, The Cranberries, The Drop Kick Murphys, or U2 albums.
- Is there a team member who can play the flute or the fiddle and knows Irish tunes? A musical performance before a townhall meeting would be a great way to showcase hidden talents!

Food

- Any foodies on your team? A potluck (or should we say a pot o' luck?) for a team lunch is bound to be a success. A few ways to incorporate the theme would be to have typical Irish cuisine like a stew or corned beef, prepare any food with green dye or decorated with clovers, or make cute Saint Patrick's Day treats.
- You can also have the main dish catered in, and invite the team to bring treats or drinks.
- Make a green minty lime punch, mint-vanilla milkshakes. If appropriate, have traditional Irish beers, such as Guinness or Harp to end the day.

Games & Contests

- Invite everyone to wear green, and award the team member wearing the most green, or the best leprechaun costume.
- Have someone teach an Irish line dance (or just play a video from Youtube), then have a jig dance off!

Freshly ground pepper
1/2 cup dried apricots, chopped
(optional)
Torn lettuce leaves, for serving
4 whole-wheat pitas, halved

Directions

Cover the chicken with cold water in a saucepan and add 1 teaspoon salt. Remove strips of zest from half of the orange with a vegetable peeler; add the zest to the water. Cover and bring to a boil over high heat, then reduce the heat to medium-low and simmer, uncovered, until the chicken is cooked through, about 18 minutes. Remove the chicken and let cool.

Grate the remaining orange zest into a large bowl; juice the orange into the bowl. Stir in the mayonnaise, sour cream, mustard, celery, nuts, chives, poppy seeds, 1/2 teaspoon salt, and pepper to taste. Add the apricots, if desired.

Shred the chicken, discarding the bones and skin, and toss with the dressing. Stuff a few lettuce leaves and some of the chicken salad into each pita.

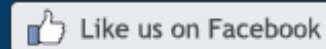
- Have everyone change their profile picture to a St. Patrick's Day theme and award the best or funniest picture.
- Play an Irish history trivia game, a game of Charades or Pictionary with Irish words, or a good ol' scavenger hunt for the pot o' gold!
- Reward your winners with a pot o' gold with chocolate coins. Better yet, create a leprechaun Badge to award your contest and game winners!

We hope that these ideas have at least inspired some ideas of your own. Don't let the luck o' the Irish pass you by without a good bash to engage your team and build lasting friendships!

Source: <http://kudosnow.com/en/blog/story/four-ways-to-celebrate-st.-patricks-day-in-the-office>

Please take a moment and like us on Facebook!

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BASS

